



The Sun

Thursday, June 3, 1999

Western Palm Beach County's Hometown Newspaper Since 1923

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Sun Spots

3rd Annual Glades Chamber Golf Tourney
The 3rd Annual Glades Chamber Golf Tournament will be held Saturday, June 19 at the Belle Glade Municipal Golf Course. Proceeds from the event will benefit the Glades Boys & Girls Clubs. Sponsors are still being sought for foursomes and team events and individual sponsorships.

Prizes will be given for the first through third place finishers in a hole-in-one, the longest drive and closest to the pin, and a drawing for a vacation at the PCA Nat'l, a set of lawn drivers and many other great prizes are being offered. All golfers will receive a goodie bag, door prize ticket, free range balls, two multi-year refreshments and a chance to win many fantastic prizes, including a 1999 Ford Mustang, compliments of Glades and Lincoln Mercury. Call 993-5951 for details and to participate as a sponsor or player. Call 993-5951 or Marla Alvarez at 996-8000 or call the golf course at 996-6605 to register.

Car wash/dinners
The Glades Youth Council will be sponsoring a benefit car wash/barbecue on Friday, June 18 at the First Baptist Church in Belle Glade from 9 a.m. to 3 p.m.
Barbecued chicken dinners are \$2 and the car wash donation is \$5. All proceeds will benefit the Lighthouse Cafe.

Leadership Glades taking applications
The deadline for applications for the 1999-2000 Leadership Glades Class is June 4, 1999.
Applications are available at the Belle Glade Chamber of Commerce, 540 South Main Street, Belle Glade or at the First Bank of Clewiston, 303 East Sugarland Highway in Clewiston.

Leadership Glades believes the cooperative effort of well-informed citizens is the key to preserving and enhancing the quality of life. Glades residents enjoy.
Upon acceptance into the program a fee of \$200 is required to cover program expenses.
Participants are required to attend an orientation session on September 15, 1999 and the 40-hour seminar held on a monthly basis from October 1999 through March of 2000.

Vacation Bible School
Community United Methodist Church is getting ready for Vacation Bible School. It will be June 7-11, 1999 through Friday from 9 a.m. to 4 p.m. The church is located at 401 S.W. First Street, Belle Glade. For a brochure to a



ADDRESSING THE CLASS OF 1999...Glades Day School Headmaster Mandy Perez announces the names of the graduates from Glades Day School's Class of 1999 as Board member Tommy Altman looks on. Standing behind are Glades Day School's Valedictorians Derek Lamb, Eddie Motes, Brooke Prescott and Salutatorian Kit Hamilton. Graduation ceremonies were held Friday, May 28 at Glades Day School.

Pahokee mayor passes non-mandatory drug test

Pahokee Mayor Alvis Davis held up results from a drug test taken last week to show residents he is drug free during last week's commission meeting.
The drug screening test is taken by all city employees and though it is not a requirement to run for political office, city officials take the test. There is nothing in the city charter that states an elected officials must take a drug test.
According to City Manager Ken Schenck the test is taken for the purpose of providing insurance for the city officials and has always been taken by them.
During a previous commission meeting a resident asked Mayor Davis why he had been

in office for over a year and had not taken the test.
He responded by saying he had forgotten to take the test but would be more than glad to take the drug test.
Since the drug test is not in the city charter, city officials do have the option of refusing to take the test if they did not want the benefit of city insurance. Mr. Schenck said no one had ever refused to take the test and it has never been an issue before.
In checking with other municipalities in the Glades, Pahokee is the only city in which city officials take the drug screening test.
In other business, commissioners have concluded they will not allow barbed wire to be

placed around residential areas.
Several weeks ago Tommy Housch asked the commission for a special variance to allow him to place two strands of barbed wire around his fence on his property.
This area is zoned residential which at the present time doesn't allow barbed wire around the property.
Mr. Schenck presented a page from the land development regulations which states: "Granting the variance requested will not confer on the applicant any special privilege that is denied to other lands, buildings or structures in the same zoning district."
Commissioner Henry Crawford told Mr. Schenck he knew of several homes that were in

Circumstances suspicious in case of missing man

By Brenda Bunting
Editor
Silvio Gonzalez of Belle Glade has not been seen or heard from since April 8, 1999. His family in Miami reported him missing to the Belle Glade Police Department last week. Investigation by Det. Angelo



Silvio Gonzalez

Tsaousis of the Belle Glade Police Department reveals Gonzalez was taken to Miami from his home at 817 N.E. 27th Street by his stepson on or about April 8 and dropped off at a friend's house to go fishing. Gonzalez, 66, has not been seen since.
He was last seen alive by his wife, Narcisca, before 6 a.m. on April 8.
Mr. Gonzalez is 5'7" tall and weighs approximately 170 pounds. His hair is white and he has a scar on his left arm.
Det. Tsaousis said there are suspicious circumstances in this case that can not be released due to the ongoing nature of the investigation, but if anyone has any information about Mr. Gonzalez they are asked to call him at 996-7251.



MAYOR OF PAHOKEE IS DRUG FREE...Pahokee Mayor Alvis Davis holds up the results from a drug screening test taken last week to show residents he is drug free.

residential areas that already had barbed wire around them and that they were breaking the ordinance.
Mr. Schenck asked for everyone to give him a list of names and addresses of people they knew and he would go look-at the properties.
The Florida Department of Transportation has completed

a study of the traffic signals at 4th Street and 5th Street and has determined that these intersections do not meet the FDOT criteria for traffic signals and have recommended their removal. Their evaluation included a request by the city to move the signal from 4th Street to 5th Street.
See BARBED WIRE/T 92

Lake Harbor women participate in the Leukemia Society's Suzuki Rock 'n' Roll Marathon in San Diego, California

By Brenda Bunting
Editor
Barbara Scruggs and Martha Lynn Weeks don't plan to do a lot of walking this summer. They're kinda walked out.
The two Lake Harbor women might be a little tired of walking because they participated in the Leukemia Society's "Suzuki Rock 'n' Roll" 26 mile marathon on Sunday, May 23 in San Diego, California.
Both finished the 26 mile event in good time, despite a few blisters and assorted aches and pains. Martha Lynn finished in 6 hours, 20 minutes and Barbara was only 20 minutes behind her.
"I wasn't sure I could finish," said Barbara, who started huring in her hip around the eight mile marker.
They joined 20,000 other participants who raised a total of \$12 million for Leukemia re-

search. The Leukemia Society's mission is to cure leukemia, lymphoma, Hodgkin's disease, and myeloma and improve the quality of life of patients and their families.
The two friends have been exercise partners for several years, but this was the first marathon for both women.
It was a big commitment and a lot of work.
They began training for the marathon six months ago after they committed to the walk in November of 1998 when they attended a Leukemia Society meeting in West Palm Beach. Both agreed to raise the \$3,000 per person required by the Leukemia Society to participate in the race.
After sending letters to local businesses and soliciting donations from friends, they found they had surpassed their goal and had raised a total of

\$7,440.
During a Team in Training session in West Palm Beach the two women were given the name of a local child with leukemia. Anel Guzman, 3, of Okeechobee Center was their "Honor Patient" and they would walk the marathon in her honor.
Martha Lynn and Barbara met Anel a couple of times during their six months training and took presents to her at Christmas. Anel has acute lymphocytic leukemia.
Barbara said thinking of Anel during the 26 mile walk helped her to focus and finish the race, even though she was in pain toward the end.
"About four years ago one of our personal goals was to participate in marathons. It also gave us an opportunity to do something good for a local person," said Barbara.
When they heard about the

marathon, Barbara said, "I told Martha, 'OK, we've been talking big. Let's check it out.'"
They started serious training in December and were assigned a physical trainer, Joe Chiazza from West Palm Beach.
They were given a written schedule to follow and, they walked five days a week.
"We started at three miles and then got up to six, eight, six during the week," said Barbara. During long walks they would walk on top of the dike.
Many times the women were up at 3:30 a.m. and began walking at 4:15, long before the sun peeked over the horizon. They would trek to the South Bay Campground, or if it was one of the days they had a long walk, they would hike to Clewiston and go as far as the Walmart where one of their husbands would pick them up.
The farthest they ever

walked was 20 miles. "That was the limit we were required to walk," said Barbara. "They told us if you can walk 20 miles, you can walk 26."
Before they started the race that Sunday, they were given a chip timer which calculated precisely when they crossed the finish line. At every mile in the race there were Rock 'n' Roll bands playing for the walkers and runners.
Barbara and Martha Lynn were given an official Suzuki Rock 'n' Roll Marathon T-shirt and their air fair and were included in the registration fee.
Both women said they are considering participating in next year's event. "It was an amazing experience," said Martha Lynn, who added, "We plan to stay active during the summer, but we aren't planning to do a lot of walking."



Continued from Page 1

Treasure Hunt, with the Bible as the map and Jesus as the Treasure.

This is a family adventure for all ages, so everyone is invited to come and join the fun.

Gospel Showcase

Palm Beach Community College Central Campus Black Student Union is sponsoring a Gospel Showcase on Saturday, June 19, at 2 p.m. at the New Bethel Baptist Church in Belle Glade, 1101 S.W. Avenue A.

Choirs and soloists are invited to be a part of the showcase. If you believe your choir is qualified to perform outside your church, you are encouraged to send a demo tape before Monday, May 31 or please call Jenny Patterson at 1-888-402-8244 or Carnella Slydell at 992-6175.

Free Home repairs

The men's ministry of LifeBuilders is offering free home repairs for the needy. For more information call 996-0508.

Computer classes

Adults interested in learning at their own pace about computer software in Windows95, Word, Access, Excel or Powerpoint may enroll in a computer course that will take place June 14-18.

Mrs. Marion Primmer, a computer instructor, will be conducting the classes in Glades Day School's Computer Lab. The lab will be open every day from 8 a.m. to noon and 5 to 9 p.m.

Enrollment is limited, so reserve your spot now. For more information,

please call 996-7134 or email her at mprim15036@aol.com.

Retirement Party

A retirement party for Mrs. Sandra Jarrell will be held Wednesday, June 9 at the Dolly Hand Cultural Arts Center at 6:30 p.m. The party will recognize her three decades serving in the field of education.

Former co-workers, students and friends are invited to share in the occasion.

Contact Mrs. Robbie Everett or Mrs. Dorothy Rhodes at 924-5126 or 924-6466.

Summer Reading Program offered

The Belle Glade Branch Library will host a Summer Reading Program Kick-off Party on Friday, June 11 from 2 to 4 p.m.

The entire family is invited to see magic and illusion by master magician Gary Lamela of Midnight Magic. The fun will continue with games, face painting, and craft making and everything is free.

Please call 996-3453 for more information.

Zetas to celebrate 20 years in the Glades

The members of Iota Omicron Zeta Chapter of Zeta Phi Beta Sorority, Inc. will celebrate their 20th Anniversary of service in the Glades area with a reception at the Dolly Hand Cultural Arts Center on Saturday, June 26 at 7 p.m. All Greeks and community organizations are invited to come and celebrate this milestone with the Zeta Phi Beta Sorority.

Tickets may be purchased for \$10 for any chapter member.

Vacation Bible School

First United Methodist Church of Pahokee will be offering Vacation Bible School beginning June 14 through June 18 from 6 to 8:30 p.m. The event begins with a light

meal for those attending at 6 p.m. each evening at the Fellowship Hall. Titled "The Ultimate Adventure with Jesus", the event is open to children ages 2-11.

For more information call the church office at 924-7241 or the VBS coordinator at 924-5764. First United Methodist Church is located at 491 East Main Street, across from Discount Auto Parts.

Vacation Bible School

The public is invited to participate in New Bethel Missionary Baptist Church's Vacation Bible School from June 14-19, Monday through Saturday, from 5 to 7:30 p.m.

The theme is "Pressing for the Prize." New Bethel Missionary Baptist Church is located at 1101 West Avenue A, Belle Glade. The closing ceremony will be a family picnic on June 19 from 1 to 3 p.m.

For additional information contact Autrie Williams at 996-5861.

Special services

Rev. Arnold Godwin, well known recording artist and preacher, will present two special services on Sunday, June 6 at 11 a.m. and 6:30 p.m. at Community Fellowship Church of God of Prophecy, 601 S.E. 12th Street and State Road 880, Belle Glade.

Rev. Godwin is known for his famous recording of "Remember Me" and "Let Go and Let God." He has recently recorded a new C.D. entitled "On the Mountain."

Pastor Rev. Jean Ingram extends a warm invitation to the public to attend.

For more information please call 996-5054.

Glisson Reunion

The 23rd Annual Glisson Family Reunion will be held Saturday, June 5 at Sunland Environmental Park, Marianne. All Glisson descendants and friends are invited to attend and bring a covered dish.

Hurricane season has begun

By Mike Lyons

It's hard to believe that the 1999 hurricane season is just around the corner. The season officially begins on June 1 and runs for six months, concluding just after Thanksgiving.

Most experts believe 1999 will be another busy year in the tropics. Dr. William Gray, the seasonal hurricane forecaster from Colorado State University, predicts 14 named storms may form this summer.

That is the same number of storms we saw last year. Of those 14, 10 matured into hurricanes while three, Bonnie, Georges and Mitch, developed into major hurricanes. Seven tropical cyclones struck the United States. Florida was hit by three hurricanes in 1998.

Still, something good did come out of the 1998 season of storms: knowledge about hurricanes. With so many storms to study, scientists and researchers have been learning a lot more about the most powerful storm on earth.

The 1995 season was very active, too and gave scientists more chances to study these huge storms. Take Hurricane Opal, for example: A study by the Department of Environmental Protection reveals that more homes and businesses were damaged or destroyed by the storm surge from Opal than by all other coastal storms in Florida combined since 1975.

"Opal's damage resulting from coastal flooding and erosion exceeded that of Hurricane Andrew, Hurricane Eloise and other severe storms in recent years," the report said.

Opal, packing winds of 150 mph, hit the panhandle on October 4. A study by the Center for BARBED WIRE/From Pg. 1 included a request by the city to move the signal from 4th Street to 5th Street.

Mr. Schenck told the commissioners that if they wanted to they could continue discussions with FDOT but he does not believe it would be successful.

Commissioners have decided they will leave the signal at 4th



Mike Lyons

tober 4, 1995. It produced over 3 billion dollars in damage, making it one of the worst hurricanes to strike the United States since Hurricane Andrew in 1992.

However, unlike Andrew, most of Opal's damage was caused by water, especially a storm surge of 12 to 15 feet above sea level. The study says that 538 homes, 314 multifamily dwellings and 139 structures were severely damaged or destroyed.

This report is a reminder that it's the water of a hurricane, not the wind, that causes the most damage.

That same water is the reason most people die in a hurricane. Nine out of 10 persons who are killed by a tropical system drown in the storm surge and flooding. At least, that's the way it used to be.

Thanks to weather satellites, Doppler radars and the professionals at the National Hurricane Center, we now have plenty of time to get out of the way of an advancing hurricane. In fact, a study by the Center for

Street and eliminate the signal on 5th Street.

Mr. Schenck also told the commission he made some inquiries on the cost to construct a city swimming pool and determined the costs were too high.

"I've looked into the cost of a swimming pool in Pahokee. A pool the size of Belle Glade's

Disease Control says that more people die after the hurricane is gone than from the actual storm itself.

The storm may be hundreds of miles away but there's a heck of a mess to clean up back home. The study says falling trees, chain saw mishaps and traffic accidents claim many victims. "It's not that there are more deaths occurring but that the impact has shifted," said AnneMarie Wasley of the CDC's National Center for Environmental Health.

In 1989, Hurricane Hugo slammed into South Carolina, producing over \$8 billion in damage. Yet, only 13 people died in the storm. Another 22 lives were lost after the storm hit.

The story was much the same during Hurricane Andrew, 14 deaths were directly attributable to Andrew's high winds and flooding. Yet, another 18 lives were claimed after the storm was long gone.

"It shows that people have got the message when the storm is immediately overhead," Wasley said. "But, they're not aware of the hazards after the storm has passed."

The CDC study recommends that emergency safety officials focus public warnings on the dangers before, during and after hurricanes.

At times last year, it seemed like the hurricane season was never going to end. Ironically, so many storms may have been good for us. The more we know about these monsters, the better we'll be.

Mike Lyons is the chief weather forecaster for WPBF-TV

..... would cost about \$1 million to construct," said Mr. Schenck. "The cost of operation including chemicals, lifeguards and maintenance based on Belle Glade's cost would be about \$30,000 a year."

"This is based on a summer only use. This doesn't include the cost of security or repairs if needed," he said.

SHIP

SENIOR HIV INTERVENTION PROJECT PRESENTS & DESIGNATES

SATURDAY, SEPTEMBER 18, 1999

AS A DAY OF

HONORING
GLADES AREA PASTORS
AND
SPOUSES,

AT THE

SHIP SPIRIT 2000 LUNCHEON CONFERENCE
DRAWBRIDGE CAFÉ

GUEST SPEAKERS

REV. DR. GEORGE E. McRAE
DR. BETTY BAKER

PLEASE REGISTER NOW AS SEATING IS LIMITED AND PASTORS & SPOUSES ARE GIVEN PREFERENCE

PHOTOGRAPHS WILL BE TAKEN FOR NEW MILLENNIUM CALENDAR SYMBOL OF HONOR, RECOGNITION & COMMITMENT WILL BE PRESENTED MEDIA COVERAGE OF THIS HISTORICAL EVENT REPRESENTING 63 DOCUMENTED CHURCHES

SHIP URGES ALL CLENGY TO LEAD THE WAY

PLEASE NOTE:

- THIS EVENT IS CONTINGENT ON 75% OF CHURCHES PARTICIPATING
- CHURCHES WITH REPRESENTATIVES ATTENDING OTHER THAN PASTORS AND SPOUSES WILL RECEIVE HONORABLE MENTION ONLY
- PLEASE ATTEND AT LEAST ONE MEETING OF GLADES AREA COUNCIL OF PASTORS' SPOUSES HELD ON THE SECOND & FOURTH THURSDAY OF EVERY MONTH AT 5PM. MEETING HELD AT THE HAITIAN AMERICAN COMMUNITY BOUNCIL (NEXT TO AFFORDABLE CLEANERS) 309 S. MAIN ST., BELLE GLADE - PHONE: 993-9964.

REGISTRATION FORM

ATTENDING PASTORS FULL NAME: _____
ATTENDING SPOUSES FULL NAME: _____
ATTENDING REPRESENTATIVE: _____
LANGUAGE OF INTERPRETER, IF REQUIRED: _____
HOUSE OF WORSHIP: _____
MAILING ADDRESS: _____
DAYTIME PHONE #: _____

PLEASE RETURN THIS REGISTRATION FORM BY JUNE 30, 1999 TO RECEIVE FORMAL INVITATION

ALYX SCHAFFER, SHIP OUTREACH COORDINATOR
SHIP BROWARD COUNTY HEALTH DEPARTMENT
2421 SW 6th AVE., FORT LAUDERDALE, FL 33315

Telephone: 954-467-4779 • Fax: 954-760-7798

Public comment sought on a natural gas pipeline route in Palm Beach & Martin Counties.

PALM BEACH COUNTY:

DATE: Tuesday, June 8, 1999

TIME: 5-8 p.m.

WHERE: County Commission Chamber, City Hall
1101 Southwest Avenue East
Belle Glade, FL

WHY:

To help select a permanent easement for a 36-inch-wide natural gas pipeline from within a preliminary three-mile-wide study corridor, which has been identified for the proposed Gulfstream Natural Gas System. Come learn about the project and provide suggestions early in the planning process. Gulfstream proposes to deliver environmentally preferred natural gas to fuel new electric power capacity at various locations in Florida, which in turn will produce much-needed electricity for homes and the expanding economy. Natural gas is abundant, inexpensive and burns cleanly; it's an efficient fuel source that helps to keep the air clean.

FORMAT:

- Informal Open House
- Meet Gulfstream team members who will discuss:
 - Land
 - Construction
 - Environmental Measures
 - And more
- Ask questions, pick up maps and literature
- Complimentary refreshments will be served



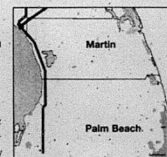
Clean Energy For Florida's Future
www.gulfstreamgas.com

MARTIN COUNTY:

Wednesday, June 9, 1999

5-8 p.m.

Seminole County Inn
15885 Southwest Warfield Blvd.
Indiantown, FL



HELPFUL HINT: Please arrive early to get a good view of the project area.

For more information, call 1-800-368-3683.

ER Chronicles: Skip just shook his head



Arlen R. Stauffer, M.D.

It was just another hot summer day on the construction site for Skip. Power saws were screaming and air hammers were popping. Skip's new laborer, Jason, was off to a slow start. He had already dropped one air compressor down the stairs, and was still shaking the thumb that he had caught between two boards a few minutes ago. Skip just shook his head.

"Jason, bring that next 2 by 6 up here," Skip heard a grunt from Jason, then turned his head to look down at his helper. Jason was tripping over an electrical cord, and somehow flung the piece of lumber in Skip's direction. Skip's face met the corner of the 2 by 6; there was a dull thud.

Skip grabbed the ladder, and kept from falling. Blood spurted onto his shoes, then ran down and dripped from his chin.

"Oh Skip, I'm sorry!" Jason hopped about Skip's feet, throwing his hands up and down. "Oh, no! Oh, no!"

Skip just shook his head. He grimaced, then reached for a towel to stop the bleeding.

At the Oceanview Hospital ER, Bill was having another hectic day as the triage nurse. He spotted Skip walking in with the bloody towel, and motioned him on over to the triage desk.

"What's goin' on?"

"Piece of wood nailed me in the chin," Skip said calmly.

"Let me take a peek....Oh, nice one!" Bill could see that Skip was not amused, and so he

took a more serious tack. "Well, the bleeding has stopped, but you'll need a few stitches. It's a pretty busy place this afternoon, but I'll get you back there as soon as I can. Did you hurt anything else, or do you have any other problems?"

Skip just shook his head. Bill finished taking Skip's vital signs.

After 35 minutes, Skip heard his name and looked up. Bill was motioning for him, so he followed the nurse into the ER and sat on a stretcher.

"The doctor will be here pretty soon, Skip," Skip heard the bustling outside his room. He heard moaning from a few feet away, and the crying of a baby from down the hall. He saw several people in hospital scrubs hurry past his doorway. Another 30 minutes passed.

Emergency physician Tammy Cortez popped into the room.

"Hi, I'm Dr. Cortez. Let me take a look at that."

As Cortez inspected the wound, she also felt the rest of Skip's face, determining whether there were any tender or deformed bones. Then she looked inside his lips and mouth, and felt several teeth.

"Well, everything else seems to be OK, Skip. I'll get our PA to sew you up; you should do just fine."

Michele, the Physician Assistant on duty this day, was in Skip's room within moments. After introductions, she again probed Skip's face, mouth, and neck, satisfying herself that this was an isolated injury.

"Let's get you fixed up, Skip."

As Michele put on her sterile gloves, she noticed a perplexed look on Skip's face.

"What's a PA?"

"Physician Assistant," Skip. We receive special medical training after college, and are licensed by the state. We work under the supervision of a licensed physician." Michele was cleaning the wound and the surrounding skin with Betadine solution. "We do many of the same evaluations and treatments as our supervising physicians, and we do a lot of the wound care here in the ER."

"So, you've done this before?" Skip said nervously.

Hundreds of times, Skip. The PAs probably do more of the sewing here-at least of the uncomplicated lacerations- than the physicians do, because it takes so much time. The doc can spend her time with the guy having a heart attack."

Michele sounded confident, so Skip relaxed and closed his eyes.

"This lidocaine will sting a bit," Michele guided the needle carry the numbing medication alongside the wound edges. "There. Now you won't feel anymore of this."

As Michele carefully placed one suture after the next on Skip's chin, Skip peered up from under the sterile towel. He felt more and more relaxed.

"There. It just took nine of them." Michele was removing the towels.

"Nine stitches?"

"Yes, and the wound edges came together real nice, Skip. It really should heal up OK."

Michele gave Skip her speech about how to

take care of the wound, the next few days, and how to watch for any signs of infection.

"And we should be able to take those sutures out in five or six days."

"OK, thanks a lot, Michele. I feel better now." Bandages in place, Skip moved toward the door.

"Oh Skip. Be careful," Michele winked. "Don't run into anything else out there."

Skip just shook his head, but then he smiled. "You'll have to talk to Jason about that."

Skin Lacerations are common problems seen in the emergency departments. Each wound must be evaluated carefully, regardless of how small it may seem. Underlying tendons and bones, as well as nearby arteries and nerves are evaluated, and appropriate treatment and repair of these structures is directed. Each patient's tetanus immunization status is investigated, and a booster is given if needed.

Certified Physician Assistants, who have Master level training in medicine, work under the supervision of a licensed physician. It has been estimated that there are 3,000 PAs working in Emergency Departments in this country.

There are 116 accredited programs offering PA training in the USA. Most students enter PA school having already acquired a Bachelors degree in a related field, and the PA training itself last 11 weeks. There are approximately 34,000 PAs practicing today, and 4,000 PA students will graduate from school in 1993.

Dr. Stauffer, an emergency physician in New Smyrna Beach, is a member of the Florida College of Emergency Physicians.

How strong women stay slim



Katrina Elexen
Contributing
Editor

That's the advice from Miriam E. Nelson, Ph.D., who wrote the book on the topic, a follow up to "Strong Women Stay Young."

Ms. Nelson's books promote both aerobic and strength training for women.

Many women are "yo-yo" dieters, she writes. They lose weight and gain it back over and over. They'll lose the same 10 or 15 pounds over and over.

The trick to losing the excess poundage and keeping it off is to get into a regular exercise routine.

According to the book, Tufts University research compared women who followed identical diet plans. One group also participated in a strength-training plan. The women in the strength-training plan lost 44 percent more weight than the group that tried to lose weight through dieting alone.

When women go on low-calorie diets, they often lose muscle and bone instead of fat, Ms. Nelson states. A low-calorie or "starvation" diet causes the metabolism to go into "famine" mode. This makes it very difficult to lose weight and even harder to actually lose fat.

When women diet, at least 25 to 30 percent of the weight they lose is water, muscle, bone and other lean tissue, according to her studies. This is true no matter how much protein and calcium their food plan includes. And the faster they lose the weight, the larger proportion that isn't fat, she states.

Women who consume a balanced, healthy diet and exercise build muscle. This causes the body to burn fat in order to build muscle.

Since it takes more calories to maintain muscle than it does to maintain fat, if you build muscle you can also burn more fat without gaining weight. Gaining muscle can also mean that while the scale may not indicate any total weight loss, you "slim down" physically. Muscle is more compact and heavier than fat. Women on strength training programs report losing dress sizes rather than pounds.

A University of Michigan study showed women could preserve muscle while losing weight if they participate in a strength training program.

Strength training helps lower cholesterol levels and blood pressure, the study showed.

It also helps combat osteoporosis.

Ms. Nelson offers five simple rules to minimize hunger and maximize energy:

- Eat at least three meals a day.
- Include at least three food groups at every meal.
- Go for a rainbow of fruits and vegetables.
- Select whole grains.
- Drink plenty of fluids.

She also advises dieters to consult "the hunger checklist" before reaching for food. Ask yourself:

- When did I last eat? If your last meal was less than three hours ago, you probably don't need to eat again. Also, remember

it takes your body at least 20 minutes to "register" a meal. If you've just eaten, allow yourself enough time to feel full.

• Have I had enough to drink? Sometimes what feels like hunger is really thirst.

• Am I tired? If you are fatigued, you may be looking for a quick pick-me-up. Try a nap instead of a snack.

• Am I under stress? When you're anxious or upset, eating can be a form of comfort and self-sedation. Instead try a walk or some other form of exercise to cope.

Ms. Nelson advises easing into an exercise program. Start slowly and over time work up to a good routine. She also advises checking with your doctor before starting any diet or exercise program. This is especially important if you have health problems or are on any medication.

What kind of exercises should you be doing? Ms. Nelson proposes exercises that build strength. Her book includes illustrations and tips on doing the exercises correctly.

While you can use home exercise equipment or go to a gym, the book also details an inexpensive strength training you can do at home with some dumbbells and a chair.

She suggests buying pairs of dumbbells in three pound, five pound, six pound and 10 pound weights. If you need to start with 1 pound weights you can save money by checking the pantry instead. A one-pound can of vegetables can do the job.

Ms. Nelson also encourages readers to develop an exercise habit including some form of aerobic exercise. Exercises suggested include walking, cycling, rowing, stair climbing and swimming.

Palms West Hospital appoints three members to Board of Trustees

Alex Marceline, chief executive officer at Palms West Hospital, has announced the appointment of Dr. Carmine A. Priore, Martin T. Harland, DO, and Shekhar V. Sharma, MD to the Board of Trustees.

Dr. Carmine Priore, the mayor of Wellington, represents the community on

many statewide and national councils. "Dr. Priore's knowledge of our community will add greater insight to our board of trustees from our patients and potential patients' perspective," stated Marceline.

Martin Harland, DO is board certified in family

practice and has had privileges at Palms West Hospital for the past eleven years. Harland has operated a practice in Belle Glade for several years and brings vast knowledge of the Glades community to Palms West's board.

Shekar V. Sharma, MD, a board certified physician spe-

cializing in Internal Medicine, has also been a member of Palms West Hospital's medical staff for the past eleven years. Dr. Sharma previously held the Chief of Medicine position within the hospital and will benefit the board through his experience from that role.

Pediatric Anesthesiologist joins Palms West Hospital



Jeffrey Ender, D.O.

Palms West Hospital is pleased to announce that Jeffrey Ender, D.O., specializing in pediatric anesthesiology, has joined the hospital's medical staff.

Dr. Ender brings extensive experience to his position. Prior to joining another Palm Beach County facility in August 1989, Dr. Ender served as pediatric anesthesiologist at Monmouth Medical Center in New Jersey.

In addition to his clinical experience, Dr. Ender held the role of Assistant Professor of Anesthesiology at Montefiore Medical Center, Albert Einstein College of Medicine in New York.

Dr. Ender is board certified by the American Board of Anesthesiology and a member of the American Society of Anesthesiologists. He received his educational training at Florida State University in Tallahassee with graduate work at southeastern University of Health Sciences in North Miami Beach.

Brookdale Hospital Medical Center in New York served as the facility for his internship after which he conducted his residency at the University of Miami/Jackson Memorial Medical Center and then went on to Children's Hospital of Pitts-

burgh for his fellowship.

"Palms West Hospital knows that the risks of anesthesia and complications during surgery are much greater in children than in adults. That is why we are thrilled to have Dr. Ender join our medical staff."

"Bringing on someone with his qualifications and experience continues to show the level of commitment Palms West has made to the children and families in our community," stated Alex Marceline, chief executive officer.

Ellis L. Webster, M.D.

Board Certified Otolaryngologist



Ellis L. Webster, MD, board-certified otolaryngologist (Ear, Nose & Throat) is now accepting adult and pediatric patients at Glades Medical Plaza, 941 S.E. 1st Street, Suite A, Belle Glade, FL 33430. Dr. Webster specializes in the diagnosis and medical and surgical treatment of disorders of the ear, nose and throat, including hearing loss, sinusitis, allergy, sore throat, hoarseness, snoring, sleep apnea, thyroid disorders, and head and neck cancer. Dr. Webster also performs facial cosmetic and facial trauma surgery.

Medical School: Yale University School of Medicine, New Haven, CT.
Residency (Otolaryngology): University of Iowa Hospital, Iowa City, IA.
Certification: American Board of Otolaryngology

Office hours: Monday - Friday, 8:30 a.m. - 5:00 p.m. Phone (561) 993-3236.

Se habla espanol. Referrals and walk-ins welcome.

Medicare, Medicaid, and most Insurance Plans accepted.

Affiliated with Glades General Hospital, Belle Glade, FL, committed to outstanding health care.

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- * DR. CORY B. HAIMON, D.P.M.

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BELLE GLADE, FL 561-993-3668

OPINION PAGE



Feel strongly about local issues?

**The Sun
INVITES YOU TO
SPEAK OUT!
(561) 996-6636**

Speak Out is our 24-hour opinion line.

Call 996-6636 to express your opinion or ask questions about public issues. You are not required to give your name. While we want you to speak out freely, the newspaper reserves the right to edit calls for clarity, brevity, relevance and fairness.

What's going on at city hall?

"I wanted to write and let you know that hiring games are still being played at Belle Glade City Hall.

I hear that our City Manager has just hired the sister of the lady who runs the personnel department at the City. She is going to be the Assistant City Manager. I sure hope the City Manager knew up front that it was her sister and that her sister didn't help her get that job.

Is it true that this lady ran the campaign for Commissioner Wilkerson last year and she got the job because of that?

I don't know what's going on down there at City Hall, but I sure think we better start asking some questions.

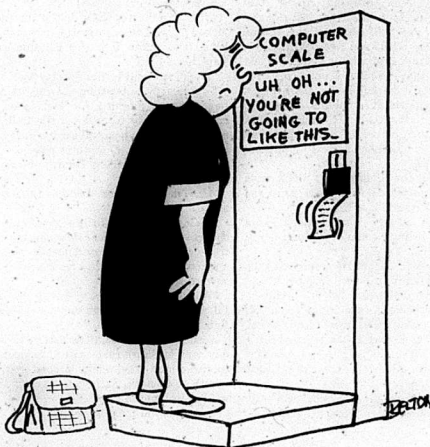
I also heard that there were others who

applied for the job, but he had to hire a non-white-person to get this job. Is this true, too?

Wake up Belle Glade. This is your city being run by one family.
Thank you."

Belle Glade's City Manager W. Shelton Smith responds: "The Human Resources manager excused herself when I interviewed her sister. She had nothing to do with whom I hired as Assistant to the City Manager. This position is an administrative position.

I knew nothing about the new Assistant To the City Manager working in someone's campaign when I hired her. I hired who I thought was best for the position."



Letters to the Editor

Writer feels debutante article was degrading

The following article was written by a Belle Glade resident in response to the article in another newspaper about the debutantes in Belle Glade. Because this is unsigned, we would normally place it in the Speak Out section, but because it is so long, for space reasons, we placed it on the right hand side of this page. It was edited for length and content.

Dear Editor:

I became very upset after reading the first and the last couple of paragraphs in the Accent portion of *The Palm Beach Post* newspaper, dated Sunday, April 25, 1999. I do not understand the rationale that some individuals have for humiliating their homeland, as well as the place they continue to reside in, just for the media's sake. If Belle Glade is such a place with no excitement and no happenings, why are they still here?

Every time an article appears in some newspapers in regards to Belle Glade, it's negative. Not once have our students come to school and had a bloody massacre, but our area is labeled as having the worst kids, and the highest threat rates. Why is it that the media is never involved when we are doing positive things, and if some, why are those articles so short and in very fine print? Belle Glade has some of the most intellectually and athletically inclined individuals on the face of this earth!

I never thought the Debutantes, the young ladies who are so intellectually inclined, would degrade their homeland so much. This is not in reference to all of the Debutantes, but to the ones who spoke out negatively.

As for myself, I love Belle Glade. Belle Glade is a city that has its ups and downs, just like any other city or state. Belle Glade is composed

of some of the nicest individuals you could ever meet. Most importantly, Belle Glade is a blessed area, with some praying individuals. God looks out for all His people in all areas, but we must say that God has, and is truly watching over us.

We have been blessed with young millionaire football players! Who would have ever thought that little old Belle Glade would have possessed NFL players?

Even though we have been placed on the map with all of our negativity, God has found favor in us as a people. Despite all of our criticism, we will remain on top!

The three main things that caught my attention about this article, aside from how Belle Glade was labeled, was the way in which both of the prayers were started and the unclear message it represented. First of all, nay prayer should begin with "Our Father" and not "Dear God" because we no longer live under the law, we are presently living under grace. Secondly, I hate to listen to the way in which people talk about Belle Glade as being a place of no excitement. If the individuals who are now millionaires because of God, would give back to their homeland by building places like malls, theaters and other places that would attract the attention of the people who are in Belle Glade, it would be much more exciting for those who complain about it.

In closing, remember that Belle Glade may not be suitable for some criticizing individuals, but for us who love Belle Glade - continue to love your safe haven. Belle Glade is blessed beyond measures and God is continuing to shield His armor of protection around us.

Sincerely
A Belle Glade Resident

Literacy Project says "thank you"

Dear Editor:

I am writing to express my gratitude for your generous gift of time and talent for our Recognition Meeting. I also appreciated the quality of the pictures you took, the write-ups for each one and the amount of space you gave for this event. In a very special way you have helped us to make this a memorable event.

As you know, the confidentiality aspect of our program can make advertising about it a spe-

cial challenge. In spite of this, you have continued to assist us in letting others know about the need for and importance of this program. On behalf of all of those involved in the Palm Beach County Library Literacy Project, I thank you.

Sincerely yours,
Patricia Rogan
Literacy Specialist



LOOKING BACK THROUGH TIME...This photo was taken from the 1967 Rambler Yearbook for Belle Glade High School and shows local girls at the radish packing house owned by Gressinger & Sons.

The Sun

417 NW 16th Street, Suite 6
Belle Glade, FL 33430
Phone: 561-996-4404
Fax: 561-996-2209

A PLEDGE TO OUR READERS

We pledge...

- ✓ To operate this newspaper as a public trust.
- ✓ To help our community become a better place to live and work, through our dedication to conscientious journalism.
- ✓ To provide the information citizens need to make their own decisions about public issues.
- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.

PUBLISHER'S NOTICE - All real estate advertising herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or intention to make any such preferences, limitations or discrimination. We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

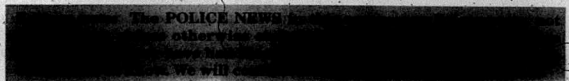
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Brenda Bunting.....Editor & General Manager
Yvonne Jones.....Office Manager
Debra Miller.....Staff Reporter
Gabriela Rodriguez.....Graphics

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POSTMASTER:

Send address changes to **The Sun**
P.O. Box 2226, Belle Glade, FL 33430



About letters

To voice your opinion about Glades issues, or to respond favorably or unfavorably to articles printed in the paper, we encourage you to write us a letter. Send to:

The Sun
417 N.W. 16th Street #6, Belle Glade, FL 33430

Lake Okeechobee Navigation locks open until further notice

The South Florida Water Management District reports lake levels have apparently stabilized near the 13.5 NGVD elevation, and as a result, several navigation locks leading into Lake Okeechobee have been secured in the open position since May 27. They will remain open as long as conditions permit.

The navigation locks that are open include J & S Fish Camp (S-135), Henry Creek (G-36), Taylor Creek (S-193) and Buckhead Ridge (S-127). Lock tenders will remain on duty at these locations while the transition to securing the locks in an open position is made.

Boaters are urged to navigate carefully through the open locks as manatees often

are sighted in and near our structures in Lake Okeechobee during this time of year. Manatees are frequently seen in the navigation lock at Taylor Creek, which is especially popular for this endangered species. Manatees swim close to the surface of the water and often are harmed and even killed by boaters moving too fast in areas where manatees gather.

It is possible to secure the navigation locks in an open position only when the level of Lake Okeechobee falls to approximately the same level as the tributaries coming into the lake so that boaters may navigate safely from the tributary into the lake. The water level in Lake Okeechobee on

Thursday, May 27 was at 13.51 feet. The navigation lock at Lakeport (S-131) will not be considered for opening until the lake level stabilizes near 13 feet.

When conditions call for the District to return to normal lock operation schedules, the public will be notified through the news media. Normal lock operating hours vary depending on the location and season. Please check with the lock tender for hours of operation when locking through.

Boaters are asked to call the Okeechobee Service Center with questions and comments in the absence of a lock tender. The Service Center telephone number is (941) 462-5260 or (800) 250-4200.



INSTALLATION OF OFFICERS...The Belle Glade Woman's Club installed new officers at their meeting on May 27 at the Drawbridge Cafe. Shown, from left, are: President Sandra Chamblee, First Vice President Brenda Bunting, Treasurer Gloria Swager, Joan White, District Ten Director who did the installation, Secretary Jean Day, and Corresponding Secretary Vivian Pate. Not shown is Second Vice President Dorine Woodham.

American Legion hosts Memorial Day Services

A memorial to fit the millennium was hosted by American Legion Post 20 at the Belle Glade Marina on Sunday, May 30.

Guest Speaker was Belle Glade City Commissioner Steve Weeks, who captured the spirit of the day with reference to those we honor and reverence to those we serve. "In God We Trust," as spoken by Commissioner Weeks, was heard as "With God We Serve" by many.

The heartfelt commentary crossed a bridge for many, recognizing and honoring those

who sacrificed, while setting the tone for celebrating that which they protected and won.

State Commander of the American Legion, D.H. Lawrence honored the Post, the Ladies Auxiliary and the Sons of the American Legion. The three organizations were recognized for their ability to work together on civic and patriotic functions.

The state commander was born in the Glades and raised at Bryant, Florida. He lived in Muck City, now known as Pelican Lake. He and his wife, Lil-

lian, said visiting Post 20 in Belle Glade was always like coming home.

The cooking crew (always appreciated and seldom recognized) will be happy to know they have again won international acclaim. A couple from England, who returned for two more plates of food, commented "It's very good. You know, we don't have this in Britain."

Post Commander Mel Cole and Auxiliary President Angela Garguilo want to thank the community for their support of this function.

Bank of America honors Hattie Bennett for volunteer work



Hattie Bennett

In keeping with its support of associates and their community involvement, Bank of America (formerly NationsBank) has recognized Hattie Bennett of Belle Glade with its annual Leadership Excellence in Neighborhood Development Award. Mrs. Bennett is the

Banking Center Manager at NationsBank.

Developed by the company's Community Development Banking Group, the LEND Award honors Bank of America associates who show outstanding leadership in their local communities, through initiatives in the bank and/or community outreach outside the bank. Associates are nominated for the award by their peers and managers.

As part of this honor, Bank of America makes a \$1,000 contribution in the name of each award recipient to a local nonprofit organization designated by the honoree. Nationally, the bank is contributing \$227,000 to nonprofit organizations, with a total of 227 award recipients throughout the company.

Mrs. Bennett designated the

Glades Community Development Corporation for her \$1,000 donation. She is on the finance committee at GCDC. She is also the treasurer of the Belle Glade Chamber of Commerce and past president of the Belle Glade Lions Club. She serves on the Black Gold Jubilee Committee and teaches Junior Achievement at area high schools.

Mrs. Bennett received her award at ceremonies in Fort Worth, Texas, May 6-7. During her stay at Ft. Worth she helped in several community service projects, including constructing two playgrounds and landscaping a local park.

NationsBank Florida recently merged with Bank of America creating the new Bank of America. It has full-service operations in 22 states and the District of Columbia.

CRIME STOPPERS



Arnone McCants

Crime Stoppers of Palm Beach County, Inc., is asking

citizens to help locate **Arnone McCants**, who is wanted for violation of probation on charges of aggravated battery with a deadly weapon and aggravated assault with a firearm.

McCants is a black male, 6'0" tall, and weighs 160 pounds. He has black hair and brown eyes and a tattoo on his left arm.

His date of birth is May 17, 1977. His last address was

300 N.W. 11th Street, Apartment 5, Belle Glade. His Social Security number is 262-79-9950 and his last occupation was as a planter.

His warrant was active as of May 25, 1999.

If you know the whereabouts of McCants, or anyone involved in a serious crime, call Crime Stoppers at 1-800-458-8477. You can remain anonymous and still receive a cash reward if your tip leads to an arrest.

Arrest Blotters

Editor's note: The police news on this page lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

BELLE GLADE

The Belle Glade Police Department handled 654 complaints, worked two crime scenes and gave 41 traffic citations the week of May 24-30.

Those arrested included:

May 24 - No arrests made.

May 25 - **Arnette Campbell**, 23, order of commitment; **Juvenile**, 14, retail theft.

May 26 - No arrests made.

May 27 - No arrests made.

May 28 - **Deangelo Pompey**, 19, warrant for burglary; **Dennis Devose**, 22, possession of cocaine and possession of cocaine with intent to sell.

May 29 - No arrests made.

May 30 - **Ilio Titi**, 18, petty theft; **Gerard Derosier**, 35, aggravated domestic battery; **Juvenile**, 10, two counts of criminal mischief.

PAHOKEE

The Pahokee Police Department handled 217 complaints, issued 13 traffic citations and made 21 arrests the week of May 24-30.

Those arrested included:

May 24 - **Juvenile**, 17, burglary to a dwelling and petty theft; **Kendrick Williams**, 24, possession of marijuana and a warrant for violation of probation.

May 25 - **Robert Kilner**, 56, battery on a law enforcement officer, depriving an officer of a means of protection, resisting arrest with violence; **Juvenile**, 14, battery; **Kevin Wilson**, 23, battery.

May 26 - **Anthony Brown**, 35, home invasion and petty theft; **Marisa Correa**, 18, warrant for failure to appear; **Alvin Walker**, 50, grand theft; **Troy Johnson**, 19, possession of marijuana, possession of drug paraphernalia, warrant for failure to appear.

May 27 - **Juvenile**, 15, grand theft auto; **Juvenile**, 14, loitering and prowling and tres-

passing.

May 28 - **Juvenile**, 17, felony battery; **James Salsbury**, 23, aggravated assault with a firearm; **Charles Felton**, 21, trespassing after warning; **Eddie Daniels**, 33, trespassing after warning; **Lawrence Williams**, 19, aggravated assault, obstruction without violence, inciting a riot and corruption by threat on a police officer; **George Ruiz**, 29, domestic battery.

May 29 - **Calvin Walker**, 27, battery on a law enforcement officer and resisting arrest with violence.

May 30 - **Arthur Murphy**, 29, possession of cocaine and possession of marijuana under 20 grams; **Ignatius Brown**, 31, domestic battery; **Juvenile**, 12, assault.

SOUTH BAY

The South Bay Police Department made 12 arrests the week of May 22-29.

May 22 - No arrests made.

May 23 - **Lamont D. Williams**, 26, obstructing justice; **Juvenile**, 16, battery; **Sessinnel Walker**, 31, warrant for failure to appear on charges of driving without a driver's license.

May 24 - **Steven Lawman**, 43, warrant for violation of probation on charges of possession of cocaine; **Clarence D. Adams**, 26, habitual traffic offender, obstructing justice and driving with license suspended or revoked.

May 25 - **Eddie F. Moore**, 46, battery; **Diana Flores**, 40, hit and run and obstruction of justice.

May 26 - **Johnny Dunning Jr.**, 23, sexual battery; **Edwin J. Dendard**, 36, arson.

May 27 - **Clarence Young Jr.**, 30, carrying a concealed weapon.

May 28 - No arrests made.

May 29 - **Jose Sigura**, 22, warrant for failure to appear.

CAMPMEETING '99

Breakout

June 6-11, 1999

New Harvest Church

Clewiston, Florida

Join us for this week of powerful preaching, teaching and music.



PASTORS TONY & KATHY MILLER

CAMPMEETING HOSTS

SERVICE SCHEDULE

Sunday, June 6, 1999

Morning Service 10:00 a.m. • Evening Service 6:30 p.m.

Monday, June 7 - Friday, June 11, 1999

Workshops (Leadership or Music & Arts) 9:30 - 10:15 a.m.

General Sessions 10:45 a.m. - 12:00 p.m.

Evening Services 7:15 p.m.

Pastors & Leaders Luncheon • Tuesday, June 8, 1999

You must R.S.V.P. by Sunday, June 6, 1999 by calling the Church Office at (941) 983-3181. Admission is free.

Children's Crusade With Don Pogue • During All Evening Services

All children age 4-11 are invited to enjoy this exciting children's ministry.

• Childcare will be provided every service for children through age 3.



New-Harvest Church is located on East Highway 27 next to Sonny's in Clewiston. For more information call the Church Office at 941-983-3181.

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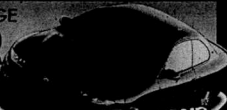
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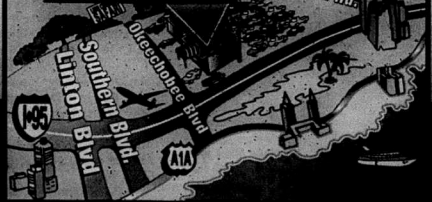
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NASCAR this week

ON THE SCHEDULE

All Times Eastern

- **Craftsman Trucks, Loadhandler 200**
9:30 p.m. • Saturday • ESPN2
- **BN, MBNA Platinum 200**
1 p.m. • Saturday • TNN
- **Winston Cup, MBNA Platinum 400**
12:30 p.m. • Sunday • TNN

1999 POINTS STANDINGS

WINSTON CUP	BUSCH	TRUCKS
1. Dale Jarrett, 1,824	Matt Kenseth, 1,383	Jack Sprague, 1,286
2. Jeff Burton, 1,791	Dale Earnhardt Jr., 1,899	Ron Hornaday, 1,260
3. Bobby Labonte, 1,735	Jeff Green, 1,785	Stacy Compton, 1,239
4. Mark Martin, 1,684	Eric Sawyer, 1,728	Ken Kesler, 1,236
5. Tony Stewart, 1,530	Jason Keller, 1,637	Greg Biffle, 1,095
6. Ward Burton, 1,481	Todd Bodine, 1,611	Kevin Harvick, 1,083
7. Dale Earnhardt, 1,478	Jeff Purvis, 1,597	Dennis Setzer, 1,085
8. Jeff Gordon, 1,470	Dave Blaney, 1,488	Mike Wallace, 1,084
9. Rusty Wallace, 1,442	Mike McLaughlin, 1,479	Jimmy Owens, 1,062
10. Terry Labonte, 1,437	Casey Atwood, 1,451	Jimmy Hensley, 1,045

TOP TEN

■ Weekly rankings by NASCAR This Week writer Monte Dutton. Last week's ranking is in parentheses.

1. (5) **Jeff Burton** Three wins, like other Jeff
2. (1) **Dale Jarrett** Still leads points
3. (3) **Bobby Labonte** Another week, another pole
4. (4) **Mark Martin** Third isn't bad
5. (2) **Jeff Gordon** Will problems never cease?
6. (7) **Tony Stewart** Rookie's for real
7. (8) **Terry Labonte** Still 11th in 600
8. (9) **Rusty Wallace** Crashed out early
9. (9) **Dale Earnhardt** Out-finished Junior
10. (—) **Ward Burton** Feeling puny, finished 8th

1999 WINSTON CUP SCHEDULE

Date	Track	Location
June 6	Dover Downs International Speedway	Dover, Del.
June 13	Michigan Speedway	Brooklyn, Mich.
June 20	Pocono Raceway	Long Pond, Pa.
June 27	Sears Point Raceway	Sonoma, Calif.
July 3	Daytona International Speedway	Daytona Beach, Fla.
July 11	New Hampshire International Speedway	Loudon, N.H.
July 15	Pocono Raceway	Long Pond, Pa.
Aug. 7	Indianapolis Motor Speedway	Speedway, Ind.
Aug. 15	Watkins Glen International	Watkins Glen, N.Y.
Aug. 22	Michigan Speedway	Brooklyn, Mich.
Aug. 28	Bristol Motor Speedway	Bristol, Tenn.
Sept. 5	Darlington Raceway	Darlington, S.C.
Sept. 13	Richmond International Raceway	Richmond, Va.
Sept. 19	New Hampshire International Speedway	Loudon, N.H.
Sept. 26	Dover Downs International Speedway	Dover, Del.
Oct. 3	Martinsville Speedway	Martinsville, Va.
Oct. 11	Charlotte Motor Speedway	Concord, N.C.
Oct. 17	Talladega Superspeedway	Talladega, Ala.
Oct. 24	North Carolina Speedway	Rockingham, N.C.
Nov. 7	Phoenix International Raceway	Ajo, Ariz.
Nov. 14	Miami-Dade Homestead Motor Sports Complex	Homestead, Fla.

FROM LAST WEEK

WINSTON CUP SERIES

Jeff Burton captured his third victory of the season, and first ever at Lowe's Motor Speedway, with a richly entertaining victory over Bobby Labonte in the Coca-Cola 600. Tony Stewart was a contender as well, but the strain of driving in both the Indy 500 and the Coke 600 eventually caused Stewart to slump to fourth, behind Mark Martin, Burton and Labonte, both of whom drive for Jack Roush, were first and third. Labonte and Stewart, in Joe Gibbs-owned Pontiacs, were second and fourth.

BUSCH GRAND NATIONAL

Another impressive weekend for Martin began with yet another BGN victory in the CarQuest 300 at the 1.5-mile Charlotte trioval. Martin, who has never won the series championship, won for the 38th time in his series. That's seven more than anyone in history.

FEUD OF THE WEEK

Tony Stewart vs. John Menard

It was Menard, Stewart's ex-Indy Racing League car owner, who unsuccessfully sued to prevent Stewart from competing in both the Indianapolis 500 and the Coca-Cola 600. Menard's car, driven by Robby Gordon, would have won at Indy had it not run out of gas just before the white flag.

NASCAR This Week's Monte Dutton gives his opinion:

"Stewart wants to put his tiff with Menard behind him, but on a day in which the brilliant Winston Cup rookie finished in the top 10 in both events, one of his happier moments had to be when Gordon, in Menard's car, coasted to a halt. The failed gamble handed the 500 to Kenny Brack, who drives for A.J. Foyt, with whom Stewart is close."

AROUND THE GARAGE

Stewart's double impressive, despite two failures

By Monte Dutton
NASCAR This Week

CONCORD, N.C. — In the end, Tony Stewart's double was a moral victory but a glorious failure.

At the end of the Coca-Cola 600, Stewart simply ran out of fuel, not in his No. 14 Pontiac, but in his No. 14 Ford. But Tony Stewart could have won the race, but the final 100 miles saw him fade badly to a fourth-place finish.

Stewart collapsed as he climbed out of his car and was rushed to the infield medical center.

"It was disappointing that Bobby (Labonte) lost a million

dollars by a hundred feet, but I can't fault the effort of either of my drivers," said Joe Gibbs. "Tony had a great day. You can't fault his effort and the courage he showed."

ALL PETTY BLUE: In August, four Petty Enterprises vehicles will carry similar paint jobs into competition in three NASCAR divisions for a weekend commemorating the 50th anniversary of the Randleman-based family operation.

Petty Pontiacs driven by Kyle Petty and John Andretti will participate in the Brickyard 400 at Indianapolis Motor Speedway on

THE WINSTON CUP SERIES

Coming up: MBNA Platinum 400

Where: Dover (Del.) Downs International Speedway, 1-mile track, 400 laps/miles.
When: Sunday, June 6
Defending champion: Dale Jarrett

Event qualifying record: Rusty Wallace, Ford, 155.898 mph, May 29, 1998

Race record: Detrick Cope, Chevrolet, 123.960 mph., June 3, 1990

BUSCH GRAND NATIONAL

Coming up: MBNA Platinum 200

Where: Dover (Del.) Downs International Speedway, 1-mile track, 200 laps/miles
When: Saturday, June 5
Defending champion: Dale

Earnhardt Jr.
Track qualifying record: Kevin Grubb, Chevrolet, 153.498 mph, Sept. 18, 1998

Race record: Dale Earnhardt Jr., Chevrolet, 130.152 mph, May 30, 1998

CRAFTSMAN TRUCKS

Coming up: Loadhandler 200

Where: Bristol (Tenn.) Motor Speedway, 533-mile track, 200 laps, 106.6 miles
When: Saturday, June 5
Defending champion: Ron Hornaday

Track qualifying record: Ron Hornaday, Chevrolet, 121.213 mph, June 19, 1998

Race record: Rick Cossel, Chevrolet, 83.992 mph, June 23, 1996

PROFILE

Tony Stewart

By Monte Dutton
NASCAR This Week

The overwhelming favorite for Winston Cup rookie of the year pulled off another memorable weekend, competing in both the Indianapolis 500 and the Coca-Cola 600 on the same day. What's more, Stewart finished in the top 10 in both events, placing ninth at Indy and fourth at Charlotte.

Stewart also finished third in The Winston, the all-star event held the previous weekend at Charlotte Motor Speedway.

Before coming to NASCAR, Stewart won three United States Auto Club championships (midwest, sprint-car and Silver Crown) in the same season (1995), sat on the pole for the 1996 Indy 500 and was the Indy Racing League champion in 1997.

HOMETOWN: Born and raised in Columbus, Ind.

AGE: 28

MARITAL STATUS: Engaged to Krista Dwyer

CARS: No. 14 Home Depot Pontiac Grand Prix, owned by Joe Gibbs

FIRSTS: Start (Feb. 14, 1999, at Daytona), pole (April 18, 1999, at Martinsville), win (none)

CAREER STATISTICS: 12 starts, 1 pole, 0 wins, 3 top-five finishes, 5 top-10s, almost \$700,000 in career earnings

HOW DID BEING A WINSTON CUP DRIVER AFFECT YOUR PERFORMANCE AT INDY?

"The nice thing about being in the Winston Cup Series is that it has trained me to deal with 500-mile races. Knowing the fact that I had to run 600 race laps, as opposed to 1,100 miles, my mind-set toward a longer race helped me relax a little more in the car... and be more patient. Now that I have run a couple of 500-mile races, I know that I have to be patient at the beginning of the race to conserve myself physically, as well as the race car. It was a long day, more demanding physically than mentally."

DESCRIBE THE DIFFERENCE BETWEEN DRIVING A WINSTON CUP CAR AND AN INDY RACING LEAGUE (IRL) CAR.

"If you start out with the IRL cars you have the different wings and the underbodies. The turbulence of the air becomes a critical factor with the handling characteristics of the car. You need to know how to handle that going into the race. Your turbulence will be at the start of the race and since we were starting 24th, I had to be pretty careful. I think my experience in the last three years in IRL has prepared me for starting



Tony Stewart talks with the media as he prepares to climb into his car prior to the start of the Coca-Cola 600.

that far back even though it is uncouth for us. Dealing with the aerodynamics all day, you try to keep the car flowing in clean air because that is a big part of handling the car. When you switch gears and go to the Winston Cup cars, you have a lot of banking to hold the car, unlike IRL. When you are dealing with a 3,400-pound car, you are dealing more with mechanical grip than aerodynamic grip. You pay a lot more attention to the balance of the car."

ARE YOU SURPRISED AT THE AMOUNT OF SUCCESS YOU'VE HAD AS A ROOKIE?

"Absolutely. I am definitely surprised. The Winston Cup Series is so competitive, that to come in as a rookie, you just want to make the races and then complete them. If I had accomplished that goal as a rookie, that would have been a good season. To have the finishes we have had, and get the experience that we have had, we are surprised with where we are at. It is due to the race team, our great sponsor in Home Depot, and Greg Zipadelli as a crew chief. We have the key ingredients to make us successful."

Dear NASCAR This Week.

As an avid NASCAR fan, I am very disappointed. For what is advertised to be a born-in-America, all-American sport, any collectible I purchase from NASCAR or one of my favorite drivers is made overseas (Japan, China, etc.).

I do not understand why they cannot spend their money where they make it, in the USA.

Steve McMaster
Chicora, Pa.

Dear NASCAR This Week.

While watching the April 18 race at Martinsville, I noticed that although Jeff Gordon qualified ninth and Rusty Wallace qualified fifth, Gordon's pit was one spot ahead of Rusty. What gives? I thought the order in which you qualified also determined where you would pit. Can you explain what is going on?

Marli Tomlinson
Punta Gorda, Fla.

The qualifying order determines the order in which the pit locations are chosen, not the order of those locations. In other words, the pole winner gets first choice, the second-place qualifier second choice and so on. In the example cited, Wallace's team apparently chose a location that was behind Gordon. In most instances, but not all, the pole winner selects the position at the front of the pit slots because that location is considered advantageous.

CREW OF THE WEEK

■ It's no small feat to qualify in the top 10 for your first Winston Cup race and then to finish in the top 20. Hats off to driver Dale Earnhardt Jr., crew chief Tony Eury Sr. and "car chief" Tony Eury Jr., who managed to lift their effort from the Busch Grand National level to Winston Cup with considerable aplomb. The crew competed successfully in both Lowe's Motor Speedway weekend events. Dale Jr. finished 16th in the Coca-Cola 600, three laps behind winner Jeff Burton.

FROM THE ARCHIVES

■ Rick Mast, an otherwise little-known driver from Rockbridge Baths, Va., earned himself a place in history by winning the pole for the first Brickyard 400 at Indianapolis Motor Speedway in 1994. Mast turned a lap at 172.414 mph at the 2.5-mile track, which had hosted only open-wheel cars since the track opened in 1914.

Trackside Trivia

1. What Craftsman Truck Series driver works with children who are either in treatment or survivors of cancer?
2. Who was the only driver to win the Darlington spring race three years in a row?
3. What NASCAR driver's real name was Francisco Eduardo Menendez?

Answers: (1) Randy LaJoie; (2) David Pearson; (3) Frank Mundy.

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a month for 36 Months.*



*Payment based on 36-month lease and lease with approval from Ford Credit. Some payments may be higher, some lower. First month's payment \$1,440 down payment plus tax, tag and \$200 refundable security deposit due at inception. Total payments: \$7,172. Option to purchase at lease end: \$6,986. 12,000 miles per year, \$15 per mile thereafter. Lessee responsible for excessive wear and tear. Offer good on select models only. Cash back from Ford. Financing with approval from Ford Credit.

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FUTURE GOLF PRO'S...Grove Elementary Fitness Club attended a Golf Clinic at the PGA Golf course. Fourteen students received personal instruction from collegiate coaches and players. The Physical Education Department of Grove Elementary would like to thank Orsenigo Farms for their support for the two field trips this year. The field trips would not have been possible if they had not provided transportation and also drove and chaperoned.



Eva Marie Van Winkle and Brandon Keith Collier to wed

Albert and Ann Van Winkle of Belle Glade have announced the wedding of their daughter Eva Marie Van Winkle to Brandon Keith Collier of Canal Point.

The bride-to-be graduated from Glades Central High School and attended Palm Beach Community College. She is employed as a bartender at the Drawbridge Cafe.

The prospective bridegroom is the son of Charles and Teryl Collier of Canal Point. He is a graduate of Pahokee High School and ITT Technical School. He is employed as a sales clerk at Terra Industries.

The double ring ceremony will be held June 12 at Canal Point Baptist Church with Rev. Jim Bennett officiating.



Pahokee Elementary Award Ceremonies

Parents are cordially invited to participate in their child's end of the year program at Pahokee Elementary.

Parents of students who made A's & B's all year, look forward to a coupon to enjoy lunch with your child on the day of their program.

The award ceremonies are as follows:

Thursday, June 4
(Cafeteria)
2nd Grade 8:45 a.m.
1st Grade 9:20 a.m.
Kindergarten 9:50 a.m.

Friday, June 5
(Cafeteria)
3rd Grade 8:45 a.m.
4th Grade 9:20 a.m.
5th Grade 9:50 a.m.

Tuesday, June 8
(P.H.S. Gym)
6th Grade 9:30 a.m.



FOUNDATION AWARDS SCHOLARSHIPS...The Community Foundation Awarded scholarships to nine students including Sandy Cesaire of Glades Central High who received a \$5,000 scholarship. Shown from Left to Right) Megan Green, Anisha Henry, Juliet Vargas and Sandy Cesaire.

Other Belle Glade students not pictured but also receiving scholarships were Percy Napier and Curneisha Bryant, both of Glades Central High School.



YOUTH AWARDS...Ranetta Burden and Clarence Anthony received the Youth Sports Achievement Awards. It is a very prestigious award given to only eight of over 100 students each trimester. They will compete for the 1999 male and female Athlete of the Year.

I Made A Difference

David Slydell, a Pahokee city employee, was awarded a "I Made A Difference" certificate from Alice Thompson, Director of the Pahokee Chamber during the last commission meeting on Tuesday, May 25.

Mrs. Thompson told the commission she was proud to give the award to such a wonderful person as Dave Slydell.

"The award carries with it a lot of love and appreciation for what you do Dave, for this city," said Mrs. Thompson.

"Every time he stops by



DAVID SLYDELL

the chamber he shares a smile and brings us a good word from the Lord and we are really proud to honor him in this way."

The award is presented to businesses and individuals that do "Make a Difference" by getting involved in the City of Pahokee.

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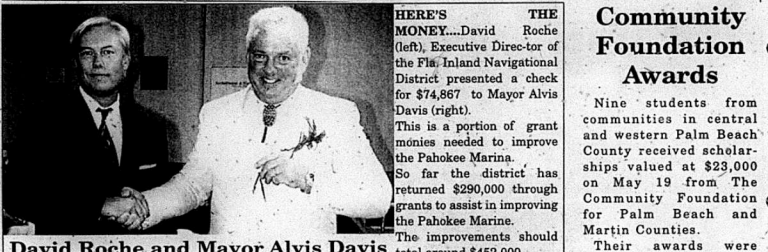


His Body And His Blood

THE SUN (561) 996-1101



Great Gospel Music....The Gospel Heirs will be performing at the Miracle Temple in Belle Glade on Saturday, June 12 from 7 until 9 p.m. Since 1976 the Gospel Heirs have traveled many roads leading them to small country churches, large city churches, auditoriums, prisons and nursing homes with one goal in mind...to see the lost saved. Everyone is welcome to come out and enjoy this performance. Miracle Temple is located at 104 S.W. 16th St. (St. Rd. 715).



David Roche and Mayor Alvis Davis

Game and Fresh Water Fish Commission sets hunting season during their final meeting

The Game and Fresh Water Fish Commission (GFC) has set the hunting seasons for migratory game birds. Mourning dove and white-winged dove season will be Oct. 2-Oct. 25, Nov. 13-Nov. 28 and Dec. 11-Jan. 9. Early wood duck and teal season will be Sept. 25-Sept. 29 and regular duck and coot season will be Nov. 20-Jan. 19. Rail and common moorhen season will be Sept. 1-Nov. 9. Snipe season will be Nov. 1-Feb. 15. Woodcock season will be Dec. 18-Jan. 16 and crow season will be Nov. 13-Jan. 23 and May 13-Nov. 5.

In addition, the GFC also established a Nov. 20-Jan. 28 Canada goose season for Lake Seminole in Jackson County and a light goose (snow goose and Ross' goose) season, north and west of the Suwannee River, concurrent with the regular duck and coot season. The 56-year old GFC will cease to exist on July 1 when the new Fish and Wildlife Conservation Commission will take over as the state's primary wildlife agency.

The GFC adopted a resolution on May 14, officially relinquishing its powers, authority, resources and assets to the new Commission.

In other business, the GFC adopted new procedures for listing, delisting, and reclassifying fish and wildlife as endangered, threatened or species of special concern and added language to the rules that ensure the species protection. The GFC also adopted new rules to prohibiting harvest of softshell turtles or their eggs during the May through July 31, nesting season, establish possession limits for certain turtle eggs taken from the wild, prohibit the purchase or sale of turtle eggs taken from the wild, and allow possession of no more than 50 eggs of native freshwater turtles taken from the wild.

Other action by the Commissioners include approval of staff recommendations to acquire five small inholdings in the Three Lakes Wildlife Management Area (WMA), acquire the 21.6 acre Vielhauser parcel in the Yucca Pens Unit of the Fred C. Babcock/Cecil M. Webb WMA; acquire the 11.66-acre Landon Man-agement parcel in the Caravelle Ranch WMA; and acquire the 720 acre Mizahi Tract as an addition to the Chassahowitzka WMA under an agreement with the Southwest Florida Water Management District.

Ed Moyer, head of the agencies Division of Fisheries, won approval for the division's aquatic resource enhancing priorities for the coming fiscal year and Division of Law Enforcement director, Col. Bob Edwards, also was successful in seeking the Commissioners' approval for a plan to submit a cooperative assistance grant application to the Florida Inland Navigation District. In addition, Office of Informational Services L. Ross Morrell presented a proposed protocol for approving projects funded with revenue from the new "Conserve Wildlife" license plate.

The agenda also included approval of antlerless deer permits for public hunting lands. Wildlife Officer Mark A. Hollinhead received the GFC's Heroism/Valor Award for saving numerous lives during a storm on Lake Okechobee.

During the meeting Commissioners heard staff briefings by Nancy Jordan, concerning the Great Florida Birding Trail project and by Julie Hovis, concerning recent Wildlife Management District property formerly known as Zellwood Farms.

The GFC conducted a joint workshop with the Marine Fisheries Commission May 26 and May 27 at the Florida Department of Law Enforcement complex in Tallahassee. The inaugural meeting of the Fish and Wildlife Conservation Commission will take place July 7 and July 8 in the Ft. Lauderdale area.

The following graduating high school seniors from central and western Palm Beach County received scholarships:

Curneisha Bryant of Glades Central High School received \$1,000 from NationsBank Minority Student Scholarship. Sandy Cesaire of Glades Central High School received \$5,000 from Adele Wells Meyer Memorial Scholarship. Percy Napier of Glades Central High School received \$1,000 from Inez Peppers Lovett Scholarship.

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Glades Medical Clinic is in mourning.

After 40 years of helping patients in the Glades, Onita Beale has passed away. She was our nurse, our friend, our advisor, Onita was family. No matter how busy she was, she would always stop and take the time to help anyone in need. Onita will be in our thoughts and prayers, forever missed, and always remembered.

Raul Ramos, M.D.

Community Foundation Awards

Nine students from communities in central and western Palm Beach County received scholarships valued at \$23,000 on May 19 from The Community Foundation for Palm Beach and Martin Counties.

Their awards were among a record \$245,650 in scholarships distributed to 67 students, primarily graduating high school seniors from throughout the two counties.

Both dollar amount of the scholarships presented and the number of recipients set records for the foundation, which awarded scholarships totaling \$176,200 to 47 individuals one year ago.

"We are delighted to be able to help so many outstanding students continue their education in colleges and universities as well as agricultural and technical schools," noted Shannon Sadler, president of the Community Foundation. "Our scholarship program is one of the most satisfying ways in which we serve our community. We thank the contributors who make these scholarships possible through their gifts to the foundation."

The Community Foundation administrators approximately .55 scholarships from funds created by contributors throughout Palm Beach and Martin Counties.

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LET'S TEE OFF... Students from Gove Elementary Fitness Club learning to play golf at the PGA Golf Course.

City of Pahokee needs T.L.C.

A new organization has formed in Pahokee calling themselves T.L.C. (The Lakeside Community Renewal) committee.

T.L.C. is open to the public and welcomes anyone who has positive criticism and ideas to help the city become a better place to live.

According to Shirley Jarriel of Pahokee Main Street the committee is looking for movers and shakers who are ambitious and are not afraid to work towards a better Pahokee.

The next meeting of T.L.C. will be held at Pahokee City Hall on Monday, June 7 at 7 p.m. Everyone is invited to attend.



THANKS FROM GOVE ...Sue and Paul Orsenigo, owners of Orsenigo Farms were given certificates of appreciation by Gove Elementary for their help in transporting the Gove Elementary Fitness Club to the PGA Golf Course for a Golf Clinic.

The Sun Classifieds

The Classified ad deadline is Monday, Noon. Call Yvonne at 561-996-4404 for prices and information.

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CASE MANAGER: Bachelor's Degree in a Social Science, good communication skills and a desire to help others. Send resume to: Marilyn Ward, West County Mental Health, 1024 NW Ave. D, Belle Glade, FL 33430. Fax 561-992-1335. 6/3

CNA/MA needed at Florida Community Health Center in Clewiston. Bilingual English/Spanish preferred. Competitive salary & excellent benefits. Apply at 315 South W.S. Owen Avenue, or fax resume to 941-983-9604. EOE/DFWP. 6/10

COMPUTER USERS NEEDED. WORK OWN hours. \$25K-80K/YR. (800)476-8653 x136. www.lcwp.com FCAN 6/3

CONTRACTUAL PROJECT COORDINATOR: This is a contractual position with the Glades Community Development Corp. The Project Coordinator will provide leadership and direction for the community in the implementation of the Glades Community Acting on the Vision Project. The person will be under the supervision of the GCDC and the Acting on the Vision Advisory Committee. Qualifications: Must be computer literate with strong organizational skills. Exceptional written and oral communication skills, motivated and self-directed. Must have personal means of transportation. Fax resume to 561-992-9501, or mail to GCDC, Glades Unity Plaza, 425 W. Canal St. North, Belle Glade, FL 33430. 6/3

COOK II (Head Start, South Bay--10am-2pm. M-F). \$7.97/hr. 1 yr exp. in large-scale food prep. [Specify nature of work--e.g., catering, etc.] Must obtain FL Professional Food Mgr Cert w/16 mos of hire. (PBC Driving Policy: Not been convicted of 3 moving violations.

1 DUI/DWI in past 24 mos) Appl./resumes must incl. SS#, pos. title, any Vet. Pref. Doc & be rec'd by 5pm 6/4/99. Palm Beach Co. Personnel, 50 S. Military Tr. #210, WPB-FL 33415 (Fax 233-4604) EO/AA M/F/D/V (DFWP) 6/3

DRIVER Covenant Transport. Coast to coast runs. Teams start at 35¢-37¢. \$1000 sign-on bonus for exp. drivers. For exp. drivers and owner operators, 800-441-4394. For graduate students, 800-338-6428. FCAN 6/3

DRIVERS/OTR: No NE/Canada/ NYC. No Touch Freight. Guaranteed Home Policy. Min 23, 1 Yr. OTR CDL w/Hazmat. (800)848-0405. PTL An EEO Employer. FCAN 6/3

DRIVERS-Owner Operators. Be your own boss. 83¢ per mile Loaded or Empty! (800)848-0405. Paschal Truck Lines. FCAN 6/3

DRIVERS WANTED: Professional OTR (1 year exp.) T/T Drivers. Only the highly motivated, safety oriented need apply. We offer: Big Trucks-Big Hoods Big Mileage and more! For more info on our 48 State operation: Call Elite Express at (800)441-4318. FCAN 6/3

FREE SERVICE, \$250 Signing Bonus and Great Job! 13,000 Automotive Locations in Florida Pay Us To Fill Their Service & Bodyshop Jobs. Call (800)489-0536. 24 hrs. FCAN 6/3

GLADES GENERAL HOSPITAL
The Heart of South-Central in the Glades
1201 S. Main Street
Belle Glade, FL 33430

REGISTERED NURSES: OB, ER and CCU/PCU, full time available.

CNA: Must have CNA Cert., HS Dip/GED and previous hospital exp. preferred.

LPN: Must have FL LPN lic. 1 yr. exp. acute care exp. nec.

PERSONNEL CLERK: 20 hrs/wk 1st shift & 1 yr. office exp. nec. Must have exp. in phone & computer skills.

COLLECTOR: Must be bilingual with 1 yr. collection exp. & knowledge of 1800/995 or 3rd party billing.

ER REGISTRAR: Must be bilingual. Prof. appearance with knowledge of managed care 1800/995 and 3rd party billing.

JOB-DRUG-FREE WORKPLACE: JOB LINE: 561-996-8971

GOV'T POSTAL JOBS: Up to \$17,244/year. Hiring for 99, free call, application/exami-

nation information. Federal hire-full benefits. 800-598-4504, ext. 1401 (8AM-6PM CST) FCAN. 6/3

INSURANCE CAREER - Gen. comm. w/unlimited potent. & mgmt. opp. Ret. 401K, group ins. No exp. nec. we will train. Est. Co., 1919. EOE M-F. Call 561-478-5660, ask for Mike or Grace. tfn

LPN: wanted for 26 Women's Residential Treatment Program. Experience with recovering substance abusers helpful. Send resume to: Marilyn Ward, West County Mental Health, 1024 NW Ave. D, Belle Glade, FL 33430. Fax 561-992-1335. 6/3

MANAGER for established custom farming business in south and central Florida; year-round work; would also consider hiring for fall/winter period; good pay and benefits. Please call 303-969-0073 for more information. 6/10

NEED A CAREER CHANGE? Income of \$40K+. ROCOR Transportation. 3 week course. 100% tuition assistance. No need to relocate! (800)453-1022. www.rocor.com FCAN 6/3

OPERATIONS ADMINISTRATOR: Requirements: A degree in Business Management or five years successful experience in Business Management. Proficiency in business interpersonal skills and communication with staff, vendors, and the public sector. Ability to develop financial reports. Three or more years of demonstrated supervisory and administrative experience. Glades residency required. Skills: Broad knowledge of office management, bookkeeping procedures with emphasis on computer literacy, and fiscal operations management. Resumes must be submitted by June 9, 1999 to the attention of Carmen Canales at GCDC 401 SE 2nd St., Belle Glade, FL 33430 or faxed to (561)992-9501. 6/3

PARALEGAL/SECRETARY: w/at least 2 years exp. w/tile insurance. Send resume to: P.O. Box 394, Pahokee, FL 33476. tfn

SECURITY OFFICERS needed: Gatehouse positions available. 87 "D" positions & 88 "G" positions. Excellent benefits. Immediate opening for PT & FT work. Call now, 800-357-0772. tfn

SEEKING ADVERTISING CONSULTANTS, for a progressive group of community newspapers in the lake area. Please send resume and cover letter to: Judy Kasten, Daily Okeechobee News, P.O. Box 639, Okeechobee, FL 34973. tfn

SENIOR MECHANICAL PROJECT ENGINEER: U.S. Sugar Corp. has an immediate opening for a Senior Mechanical Project Engineer. Must be able to perform functions to design and oversee fabrication, installation, operation and maintenance of mechanical equipment utilized in-milling, sugar processing and refining operations, working within the limits of established policy. Requires a thorough knowledge of a discipline equivalent to a four year college education in Mechanical Engineering or a related field. Requires at least five years experience in engineering and mechanical design in sugar processing. Requires the ability to meet deadlines and work independently when necessary. Requires the ability to research laws and apply them to company operational techniques. If qualified, please send resume to: United States Sugar Corporation, Human Resources Department, P.O. Box 1207, Clewiston, FL 33430. 6/3

GET OUT OF DEBT FREE!! Credit Counseling Centers of America. Stop collector calls. Lower payments, & interest. Free debt consolidation. Non-profit (Member NFCC) (877)936-2222 toll free. FCAN 6/3

A DEBT-FREE LIFE! Free confidential help. Cut monthly payments. Reduce interest. Stop collection calls. Avoid bankruptcy. Nation's largest nonprofit: Genus Credit Management. (800)295-7415. FCAN. 6/3

OVER YOUR HEAD IN DEBT? Do You Need More Breathing Room??? Debt Consolidation, No

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SOUTH CENTRAL RESIDENTIAL APPROXIMATE HOMES

- Foreclosure - 3 bedroom, 1 bath CBS at \$30,000.00
- 3 bedroom, 1 bath CBS with central air and full appliances. Offered at \$65,000.00
- 3 bedroom, 2 bath frame with central air and full appliances. Swepted porch and large lot. Offered at \$83,000.00
- 4 or 5 bedroom CBS with central air. Large refurbished house. Offered at \$98,500.00 and soliciting for offers.
- Small CBS office building in favorable location. Room for off-street parking. Offered at \$80,000.00

PLACE YOUR AD HERE...CALL THE SUN (561) 996-0000

REMAX 100

TERESA SULLIVAN
REALTOR ASSOCIATE
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The Sun Classifieds

The Classified ad deadline is Monday, Noon. Call Yvonne at 561-996-4404 for prices and information.

Qualifying!!!
Consultation (800)556-1548.
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WANT A VISA CARD?
\$12,000+. Unsecured.
Bad/No Credit is O.K. Low
Fixed Interest. Everyone
Welcome. (800)365-3499,
FCAN 6/3

Homes for Sale

PUBLISHERS NOTICE: All
rental & real estate advertising
in The Sun is subject to the
Federal Fair Housing law
which makes it illegal to
advertise "any preference, lim-
itation or discrimination based
on race, color, religion, sex,
handicap, familial status or
national origin or any inten-
tion to make such preference,
limitation or discrimination."
In addition, the Palm Beach
County Fair Housing
Ordinance prohibits discrimi-
nation based on age, marital
status or sexual orientation.
The Sun will not knowingly
accept any advertising which
is in violation of the law. All
persons are hereby informed
that all dwellings are avail-
able on an equal opportunity
basis.

Income Property

Space For Rent

IN BUSY BELLE GLADE
SHOPPING CENTER

UP TO 8,000 Sq. Ft.
Owner Will Consider
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ture required. *Excludes gov't
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done for you. 800-462-2000,
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Factory - Spring - Clearance
Buy Direct and SAVE 88%

**NOW! Prices slashed on select
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20x26, 30x48, 40x64. Call
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pitches, 25x30 \$3,300.00;
25x40 \$3,900.00; 30x40
\$5,300.00; 35x50 \$6,700.00;
40x60 \$8,200.00; 45x80
\$12,000.00. Others
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100. www.usmb.com.FCAN 6/3

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STEEL BUILDINGS. new,
must sell 40x60x14 was
\$17,430 now \$10,871;
50x120x16 was \$33,560 now
\$23,865; 60x150x16 ws
\$48,330 now \$32,350;
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406-5126. 6/3

WOLFF TANNING BEDS: Tan
at home. Buy direct and save!
Commercial/home units from
\$199. Low monthly pay-
ments. FREE color catalog.
Call today, 800-842-1310.
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Notices

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 Ft. Lauderdale area,
Pompano Beach, 2 pet
rooms. Pool. Cable. 10% dis-
count with this ad. Friendly
family owned Inn. (800)331-
4666, ext.10. FCAN 6/3

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GIVE YOU THE STATE!** Be a
part of the Statewide
Classified Advertising Net-
work. Your 25 word or less ad
will appear in 119 papers.
Your ad will also appear on
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**LOWEST AIRFARES (R/T)
TO EUROPE.** London,
Germany, Spain, Belgium
from \$375. Hotels up to 50%
off. 30 days unlimited travel
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NEED CASH? Buy old coins,
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PRICE!** Prom time is near.
100's of dresses to choose
from, half price! MODA, your
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parcels. Absolutely stunning
views! Private secluded set-
ting. Access to state parks.
Fees starting at \$17,900
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AC In N. FL Wooded . high &

dry paved road. Winding drive
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Rockies & views of Pikes Peak
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round access, tel & elec. Ideal
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GAIN.** 3 acres with boat dock
\$19,900. Beautifully wooded,
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access to crystal clear min.
lake-next to 18 hole golf
course! Paved roads, utilities,
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WATERFRONT SALE on
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recreational lake in SCI View
lots just \$24,900. Abuts 1st
tee of golf course, walk to
clubhouse, marina & pool.
Includes paved rds, under-
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sewer. Excellent financing.
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GLADE:** Daily/ weekly rates.
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installation, data entry, com-
puter set-up, etc. AFFORD-
ABLE & LOCAL. 6/10 2453, beeper 787-0406. tfn

STEVE'S MOWING SERVICE
Lots, acreage & bush hog
Call (561)996-9527. tfn

LEGAL NOTICE
The Housing Authority of the City of Belle Glade will accept bids on a new computer processor for Y2K compliance, to be installed with its other existing hardware. For a copy of the specifications, contact Anne Sullivan at (561)996-2140. All bids must be delivered to the Authority at 1204 NW Avenue L, Terrace, P.O. Box 377, Belle Glade, FL 33430, no later than 5:00 p.m., 9/1/99.

LEGAL NOTICE
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